

Variable	Mean	SD	Min	Max	Median	Mode	Range	Skewness	Kurtosis	Normality
Age	35.2	12.5	20	65	30	30	45	0.15	2.5	0.95
Gender	0.5	0.5	0	1	0.5	0	1	0.0	0.0	0.99
Marital Status	0.3	0.5	0	1	0.3	0	1	0.0	0.0	0.99
Education	12.5	2.5	9	16	12	12	3	0.1	2.0	0.98
Income	1500	500	500	3000	1200	1000	2500	0.2	2.2	0.97
Occupation	0.4	0.6	0	1	0.4	0	1	0.0	0.0	0.99
Health Status	0.2	0.4	0	1	0.2	0	1	0.0	0.0	0.99
Stress Level	3.5	1.5	1	5	3	3	4	0.1	2.0	0.98
Life Satisfaction	4.0	1.0	1	5	4	4	4	0.0	0.0	0.99
Resilience	3.0	1.0	1	5	3	3	4	0.1	2.0	0.98
Optimism	3.5	1.0	1	5	3	3	4	0.1	2.0	0.98
Emotional Stability	3.0	1.0	1	5	3	3	4	0.1	2.0	0.98
Self-Esteem	3.5	1.0	1	5	3	3	4	0.1	2.0	0.98
Life Satisfaction	4.0	1.0	1	5	4	4	4	0.0	0.0	0.99
Resilience	3.0	1.0	1	5	3	3	4	0.1	2.0	0.98
Optimism	3.5	1.0	1	5	3	3	4	0.1	2.0	0.98
Emotional Stability	3.0	1.0	1	5	3	3	4	0.1	2.0	0.98
Self-Esteem	3.5	1.0	1	5	3	3	4	0.1	2.0	0.98



